



GLASGOW ANXIETY & DEPRESSION
SUPPORT SERVICE

CLINICAL & COUNSELLING **SUPERVISION SERVICES**

Clinical & Counselling Supervision Services

GADSS can provide both individual practitioners and other organisations with Clinical or Counselling Supervision Services. Supervision is extremely important in the psychotherapy and counselling professions for trainees, newly qualified practitioners and experienced and/or accredited therapists.

In the interests of clients and therapists alike, most professional bodies for psychotherapy and counselling (e.g. COSCA, BABCP, HCPC, UKCP, BACP etc.) require members to incorporate regular Clinical Supervision into their clinical practice. Supervision is a professional service, rather than a managerial role.

There is now an expectation that therapists engage in regular Clinical Supervision to develop and maintain high standards of clinical and professional practice.

- We currently provide Clinical Supervision to both trainee and qualified/accredited therapists.
- Appointments are arranged by you and your Clinical Supervisor and last 50-55 minutes.
- Appointments are paid in cash at the end of the session.
- Takes place at our office in Glasgow city centre.
- If you need to cancel your appointment, please provide your Clinical Supervisor with at least 48 hours' notice (otherwise full payment of the fee will be required). If you cannot attend because of an emergency, please let your Clinical Supervisor know as soon as possible. In the event of an emergency, the fee will be waived, although the £15 room hire fee will still have to be paid by you.
- Please get in touch if you have any questions or require any further information.